

About Us:

In 2008, Tots in Motion (Tots) began by having its very first class at a preschool located in the East Valley of the Phoenix metropolitan area. Over the past 12 years, Tots has now grown to being in over two dozen schools throughout Chandler, Mesa, Queen Creek, Ahwatukee, Gilbert and Tempe.

The vision behind Tots was to provide an easy way for working parents to involve their children in extracurricular activities, without having to take them somewhere after a busy workday. The way it works is that we come to your child's preschool! There we conduct class in a location that your child is comfortable and with friends that they already know. Our experienced staff is not only trained in the art of dance but also have numerous years of experience working with children.

What to Expect:

Class times range between 30-45 minutes depending on size and location

Each class does a combination of jazz, ballet, hip-hop and tumbling. We focus on high energy physical activity that not only includes proper dance terminology, but also works on coordination and gross motor skills. Our classes begin with a high energy warm-up followed by stretching and typically some type of muscle building game. Next, we move to across the floor activities where our instructors get to focus more individually on how the kids are improving. Then we bring out our tumbling mat where we work on flexibility, core strengthening, and tumbling activities. Last, we finish with a fun round of freeze dance where the kiddos get a chance to show of their favorite moves! Before we release the kids, we sit down and review what we have learned and reward them with a sticker or stamp for their amazing behavior. During certain times of the year we will also be learning a small routine that we record to show to the parents. All of our activities are gender neutral and enjoyable for everyone!

In addition to our dance curriculum, we focus on key character-building elements such as respect, patience, teamwork, confidence, self-esteem, and perseverance

Easy online management for parents for information, payment, questions, and updates on progress/pictures of what we are learning

Optional formal recital at the end of the year-additional costume and production fees apply

Twice a year we invite the parents in to watch a normal class giving everyone the opportunity to see what we do!

Prospective Schools:

Thank you for expressing interest in having Tots in Motion as an enrichment program at your school. Look below for more information on how our program works and the benefits to your location.

-All marketing, parent follow-up, and communication comes directly from us! We handle the parent communication, updating of information in your location, and enrollment information.

-Our staff is CPR/First Aid certified and have fingerprint clearance through the state of Arizona.

-We provide insurance for our staff and company.

-10% commission given back monthly to the facility.

-Adds another program to your location that gives you a competitive advantage over other schools.